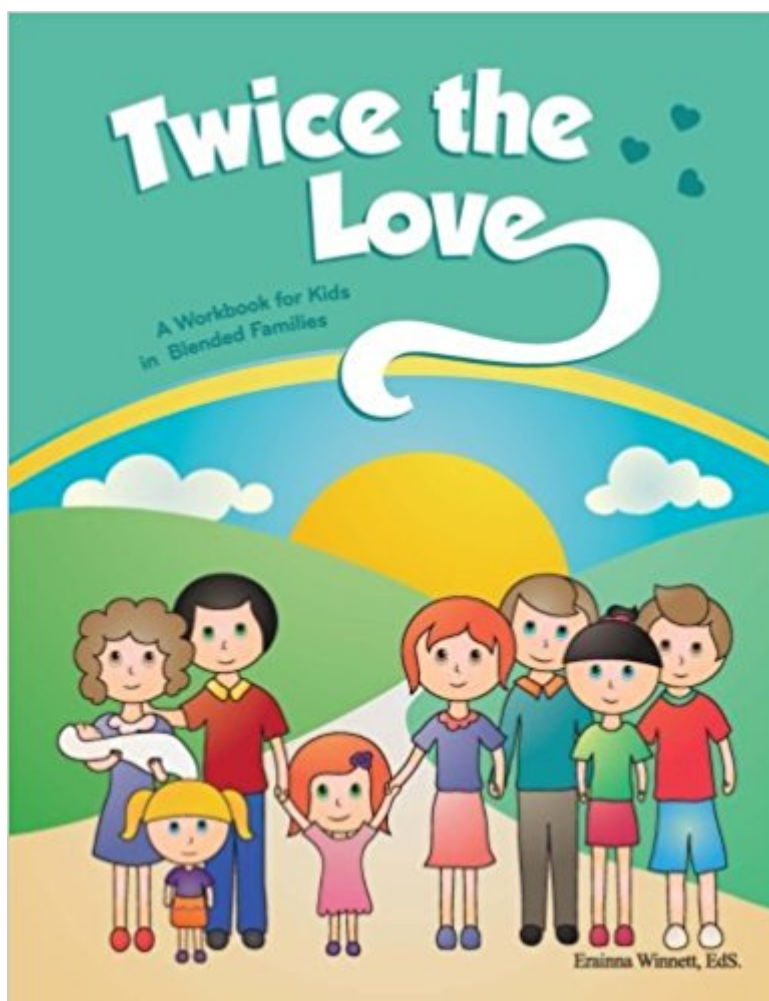


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# Twice The Love: A Workbook For Kids In Blended Families (Helping Kids Heal Series)



## Synopsis

Twice the Love: An Activity Book for Kids (ages 8-12) in Blended Families Sometimes, children find themselves in blended families. Whether a child's divorced parent is remarrying or the child is moving into a house with another group of people, this can be a stressful and confusing time filled with many conflicting emotions. Twice the Love is an activity book for parents to help support children who are adjusting to a new blended family. Using the activity book, parents can guide their children through the changes that are brought about when new families are formed. Twice the Love helps children understand that their feelings are normal and that accepting the new family structure is not betraying the former family structure. Exercises include therapeutic art and writing activities to help children view their new family structure in a positive light, while acknowledging the memories, good and bad, of how their family used to be. Twice the Love is written by school counselor and parent Erainna Winnett, Ed.S., who uses her twenty years of working with children ages 6 to 12 to help parents deal with the difficult issues children face in the 21st century. Whether your family is about to change or has already gone through a change, this activity book will help parents navigate the challenges of a blended family with their children.

## Book Information

Series: Helping Kids Heal Series

Paperback: 40 pages

Publisher: Counseling with HEART (June 10, 2014)

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ISBN-10: 0615983669

ISBN-13: 978-0615983660

Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 5.4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 4 customer reviews

Best Sellers Rank: #538,161 in Books (See Top 100 in Books) #121 in Books > Children's Books > Growing Up & Facts of Life > Family Life > Stepfamilies

## Customer Reviews

Child education and counseling expert Erainna Winnett brings more than 20 years of experience in teaching, counseling, and raising children to the hot-button issues every child faces today. Helping Kids Heal is a series of activity books written with healing in mind. Each book addresses real world problems children face on a daily basis. Through therapeutic art and writing exercises, kids can

express their feelings and learn how to deal with those feelings in appropriate ways. Designed for children ages 6-12, these activity books are meant to be used as a counseling tool to foster a positive self-image and healthy coping strategies and to provide parents, educators, and counselors with tools to assist children as they process and work through some of today's toughest issues. Erainna was born and raised in central Louisiana. The oldest of five children she always yearned to be a teacher and forced her siblings to play school year round. Naturally, she graduated with a teaching degree in 1995 and earned her Master's degree in 2000. Five years later she earned her Education Specialist degree in early childhood education. After fifteen years in the classroom, she moved to the role of school counselor and has never been happier. While serving as school counselor at an elementary school in northeast Texas, she frequently uses children's books as therapy to help her students heal, learn and grow. Ideas for her books come from the students she works with on a daily basis. Her goal, as an author, is to touch the hearts of children, one story at a time. Erainna has written over thirty books designed to guide parents, teachers, and counselors as they help children to become their best self. Erainna lives on a 300 acre cattle ranch near the Red River with her husband, two daughters, three dogs, two horses, and one ill-tempered cat.

Very helpful

Definitely seems targeted more for a child that is upset about the new relationships rather than a child who is just confused.

Excellent resource.

This is the first resource I have found about blended families that makes sense to my kids. It covers all of the topics and feelings kids are going through in these situations. Would recommend to any school counselor.

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